



A company of Allianz  Partners

2024 OFFERS AND PROMOS

nextcare

CONTENT TOPICS

01

HEALTH CHECK-UP OFFERS

02

FLU VACCINE OFFERS

03

DENTAL OFFERS

04

OPTICAL OFFERS

05

OTHER OFFERS

06

REGIONAL OFFERS

01

HEALTH CHECK-UP OFFERS



HEALTH CHECK-UP OFFERS – DR. SULAIMAN AL HABIB

nextcare

د.سليمان الحبيب
DR SULAIMAN AL HABIB
المجموعة الطبية

WELLNESS PACKAGES FOR NEXTCARE CARD HOLDERS

nextcare

د.سليمان الحبيب
DR SULAIMAN AL HABIB
المجموعة الطبية

WELLNESS PACKAGES FOR NEXTCARE CARD HOLDERS

nextcare

د.سليمان الحبيب
DR SULAIMAN AL HABIB
المجموعة الطبية

WELLNESS PACKAGES FOR NEXTCARE CARD HOLDERS

BASIC WELLNESS PACKAGE FOR MALE (1000 AED)

- ✘ CONSULTATION CONSULTANT
- ✘ HEMOGLOBIN GLYCOSILATED (HBA1C)
- ✘ URIC ACID - SERUM
- ✘ LIPID PROFILE
- ✘ THYROID STIMULATING HORMONE (TSH)
- ✘ COMPLETE BLOOD COUNT (CBC)
- ✘ STOOL OCCULT BLOOD
- ✘ URINE ANALYSIS
- ✘ CHEST X-RAY SINGLE VIEW - FRONTAL
- ✘ E.K.G ONLY (ECG) - ELECTROCARDIOGRAM
- ✘ VITAMIN D3 (25-OH) CALCIFEROL
- ✘ REFRACTION (VISION TEST)
- ✘ PROSTATIC SPECIFIC ANTIGEN TOTAL (PSA TOTAL)



For Booking:

Ms. Fatima Ishfaq 056 385 2546
Mr. Kamal Amadil 058 115 5125

ESSENTIAL WELLNESS PACKAGE FOR MALE (2000 AED)

- ✘ CONSULTATION CONSULTANT
- ✘ HEMOGLOBIN GLYCOSILATED (HBA1C)
- ✘ URIC ACID - SERUM
- ✘ LIPID PROFILE
- ✘ THYROID STIMULATING HORMONE (TSH)
- ✘ COMPLETE BLOOD COUNT (CBC)
- ✘ STOOL OCCULT BLOOD
- ✘ URINE ANALYSIS
- ✘ CHEST X-RAY SINGLE VIEW - FRONTAL
- ✘ ALLERGY SPECIFIC IGE COMMON FOOD ALLERGEN-36 PANEL - CASH
- ✘ E.K.G ONLY (ECG) - ELECTROCARDIOGRAM
- ✘ VITAMIN D3 (25-OH) CALCIFEROL
- ✘ AUDIOGRAM - DIAGNOSTIC
- ✘ REFRACTION (VISION TEST)
- ✘ PROSTATIC SPECIFIC ANTIGEN TOTAL (PSA TOTAL)



For Booking:

Ms. Fatima Ishfaq 056 385 2546
Mr. Kamal Amadil 058 115 5125

EXECUTIVE WELLNESS PACKAGE FOR MALE (3500 AED)

- ✘ CONSULTATION CONSULTANT
- ✘ REFRACTION - BOTH EYES
- ✘ E.K.G ONLY (ECG) - ELECTROCARDIOGRAM
- ✘ COMPLETE BLOOD COUNT (CBC)
- ✘ CHEST X-RAY SINGLE VIEW - FRONTAL
- ✘ URINE ANALYSIS
- ✘ SPIROMETRY: PEF (PEAK EXPIRATORY FLOW)
- ✘ STOOL OCCULT BLOOD
- ✘ KIDNEY PROFILE/RENAL FUNCTION PANEL + RBS
- ✘ GLUCOSE FASTING BLOOD SUGAR (FBS)
- ✘ LIPID PROFILE
- ✘ VITAMIN D3 (25-OH) CALCIFEROL
- ✘ THYROID STIMULATING HORMONE (TSH)
- ✘ AUDIOGRAM - DIAGNOSTIC
- ✘ LIVER PROFILE
- ✘ PROSTATIC SPECIFIC ANTIGEN TOTAL (PSA TOTAL)
- ✘ URIC ACID - SERUM
- ✘ ALLERGY SPECIFIC IGE COMMON FOOD ALLERGEN PANEL (30 ALLERGENS)
- ✘ U/S - ABDOMEN COMPLETE (LIVER, SPLEEN, PANCREAS, KIDNEYS(RT<), GB, IVC, ABDOMINAL ORTA)
- ✘ COMPREHENSIVE LAB PROFILE (SERUM + EDTA)



For Booking:

Ms. Fatima Ishfaq 056 385 2546
Mr. Kamal Amadil 058 115 5125

www.dr.sulaimanalhabib.ae @drsulaimanalhabibdubai

www.dr.sulaimanalhabib.ae @drsulaimanalhabibdubai

www.dr.sulaimanalhabib.ae @drsulaimanalhabibdubai

HEALTH CHECK-UP OFFERS – DR. SULAIMAN AL HABIB

nextcare

د.سليمان الحبيب
DR SULAIMAN AL HABIB
المجموعة الطبية



WELLNESS PACKAGES FOR NEXTCARE CARD HOLDERS

BASIC WELLNESS PACKAGE FOR FEMALE (1000 AED)

- ✘ CONSULTATION CONSULTANT
- ✘ HEMOGLOBIN GLYCOSILATED (HBA1C)
- ✘ URIC ACID - SERUM
- ✘ LIPID PROFILE
- ✘ THYROID STIMULATING HORMONE (TSH)
- ✘ COMPLETE BLOOD COUNT (CBC)
- ✘ PAP SMEAR
- ✘ STOOL OCCULT BLOOD
- ✘ URINE ANALYSIS
- ✘ CHEST X-RAY SINGLE VIEW - FRONTAL
- ✘ VITAMIN D3 (25-OH) CALCIFEROL
- ✘ E.K.G ONLY (ECG) - ELECTROCARDIOGRAM
- ✘ REFRACTION (VISION TEST)



For Booking:

Ms. Fatima Ishfaq 056 385 2546
Mr. Kamal Amadil 058 115 5125



www.dr.sulaimanalhabib.ae @drsulaimanalhabibdubai

nextcare

د.سليمان الحبيب
DR SULAIMAN AL HABIB
المجموعة الطبية



WELLNESS PACKAGES FOR NEXTCARE CARD HOLDERS

ESSENTIAL WELLNESS PACKAGE FOR FEMALE (2000 AED)

- ✘ CONSULTATION CONSULTANT
- ✘ HEMOGLOBIN GLYCOSILATED (HBA1C)
- ✘ URIC ACID - SERUM
- ✘ LIPID PROFILE
- ✘ THYROID STIMULATING HORMONE (TSH)
- ✘ COMPLETE BLOOD COUNT (CBC)
- ✘ PAP SMEAR
- ✘ STOOL OCCULT BLOOD
- ✘ URINE ANALYSIS
- ✘ CHEST X-RAY SINGLE VIEW - FRONTAL
- ✘ ALLERGY SPECIFIC IGE COMMON FOOD ALLERGEN-36 PANEL - CASH
- ✘ VITAMIN D3 (25-OH) CALCIFEROL
- ✘ E.K.G ONLY (ECG) - ELECTROCARDIOGRAM
- ✘ AUDIOGRAM - DIAGNOSTIC
- ✘ REFRACTION (VISION TEST)
- ✘ U/S - BREAST (BILATERAL)



For Booking:

Ms. Fatima Ishfaq 056 385 2546
Mr. Kamal Amadil 058 115 5125



www.dr.sulaimanalhabib.ae @drsulaimanalhabibdubai

nextcare

د.سليمان الحبيب
DR SULAIMAN AL HABIB
المجموعة الطبية



WELLNESS PACKAGES FOR NEXTCARE CARD HOLDERS

EXECUTIVE WELLNESS PACKAGE FOR FEMALE (3500 AED)

- ✘ CONSULTATION CONSULTANT
- ✘ REFRACTION - BOTH EYES
- ✘ E.K.G ONLY (ECG) - ELECTROCARDIOGRAM
- ✘ COMPLETE BLOOD COUNT (CBC)
- ✘ CHEST X-RAY SINGLE VIEW - FRONTAL
- ✘ URINE ANALYSIS
- ✘ SPIROMETRY: PEF (PEAK EXPIRATORY FLOW)
- ✘ STOOL OCCULT BLOOD
- ✘ KIDNEY PROFILE/RENAL FUNCTION PANEL + RBS
- ✘ GLUCOSE FASTING BLOOD SUGAR (FBS)
- ✘ LIPID PROFILE
- ✘ VITAMIN D3 (25-OH) CALCIFEROL
- ✘ THYROID STIMULATING HORMONE (TSH)
- ✘ AUDIOGRAM - DIAGNOSTIC
- ✘ LIVER PROFILE
- ✘ MAMMOGRAPHY (BILATERAL)
- ✘ PAP SMEAR
- ✘ URIC ACID - SERUM
- ✘ ALLERGY SPECIFIC IGE COMMON FOOD ALLERGEN PANEL (30 ALLERGENS)
- ✘ U/S - ABDOMEN COMPLETE (LIVER, SPLEEN, PANCREAS, KIDNEYS(RT&L), GB, IVC, ABDOMINAL ORTA)
- ✘ U/S - BREAST (BILATERAL)
- ✘ COMPREHENSIVE LAB PROFILE (SERUM + EDTA)



For Booking:

Ms. Fatima Ishfaq 056 385 2546
Mr. Kamal Amadil 058 115 5125



www.dr.sulaimanalhabib.ae @drsulaimanalhabibdubai

HEALTH CHECK-UP OFFERS - FAKEEH UNIVERSITY HOSPITAL



ESSENTIAL HEALTH CHECK

- | Consultations | |
|---------------|--|
| ✓ | Consultation with Primary Care Physician |
| ✓ | Follow up visit |
| Laboratory | |
| ✓ | CBC |
| ✓ | Serum Creatinine |
| ✓ | Serum Electrolytes |
| ✓ | Blood Glucose Fasting |
| ✓ | Lipid Panel |
| ✓ | Liver Function Test |
| ✓ | Vitamin D |
| ✓ | Urine Routine |

AED 1,150

COMPREHENSIVE- MALE

- | Consultations | |
|-----------------|--|
| ✓ | Consultation with Primary Care Physician |
| ✓ | Follow up visit |
| Laboratory | |
| ✓ | CBC |
| ✓ | Blood Urea |
| ✓ | Serum Creatinine |
| ✓ | Serum Electrolytes |
| ✓ | Uric Acid Serum |
| ✓ | Serum Calcium |
| ✓ | Blood Glucose Fasting |
| ✓ | HBA1C |
| ✓ | Lipid Panel |
| ✓ | Liver Function Test |
| ✓ | GGT |
| ✓ | Vitamin D |
| ✓ | Vitamin B12 |
| ✓ | Thyroid Stimulation Hormone |
| ✓ | Testosterone total |
| ✓ | Prostate Specific Antigen (PSA) |
| ✓ | Urine Routine |
| ✓ | Stool OB (Occult Blood) |
| Radiology | |
| ✓ | Chest X-Ray Examination |
| Cardiopulmonary | |
| ✓ | Stress Test (TMT) |

AED 2,750

For inquiries: fuhwellness@Fakeeh.care

مستشفى فقيه الجامعي
Fakeeh University Hospital

Exclusive for
NextCare Card Holders



PREVENTIVE HEALTH CHECK UP PACKAGES

FUH.CARE /fakeehuniversityhospital

WWW.FUH.CARE ☎ 04 414 44 44 📍 SILICON OASIS

HEALTH CHECK-UP OFFERS - FAKEEH UNIVERSITY HOSPITAL

COMPREHENSIVE - FEMALE

Consultations	
✓	Consultation with Primary Care Physician
✓	Follow up visit
✓	Gynaecology Consultation
✓	Gynaecology Follow-up Consultation
Laboratory	
✓	CBC
✓	Ferritin
✓	Blood Urea
✓	Serum Creatinine
✓	Serum electrolytes
✓	Uric Acid Serum
✓	Serum Calcium
✓	Blood Glucose Fasting
✓	HBA1C
✓	Lipid Panel
✓	Liver Function Test
✓	GGT
✓	Vitamin D
✓	Vitamin B12
✓	Thyroid Stimulation Hormone
✓	PAP SMEAR
✓	Urine Routine
✓	Stool OB (Occult Blood)
Radiology	
✓	Chest X-Ray Examination
✓	USG Breast or Mammogram (Depends on Age)
Cardiopulmonary	
✓	Stress Test (TMT)

AED 3,440

EXECUTIVE - MALE

Consultations		Cardiopulmonary	
✓	Consultation with Primary Care Physician	✓	Stress Test (TMT)
✓	Follow up visit	✓	PFT (SPIROMETRY)
✓	dietary consultation		
Laboratory			
✓	CBC		
✓	Ferritin		
✓	Blood Urea		
✓	Serum Creatinine		
✓	Serum Electrolytes		
✓	Uric Acid Serum		
✓	Serum Calcium		
✓	Blood Glucose Fasting		
✓	HBA1C		
✓	Lipid Panel		
✓	Liver Function Test		
✓	GGT		
✓	Vitamin D		
✓	Vitamin B12		
✓	Thyroid Stimulation Hormone		
✓	Testosterone total		
✓	Blood urea		
✓	Prostate Specific Antigen (PSA)		
✓	Free PSA test		
✓	Urine Routine		
✓	Urine Microalbumin		
✓	Stool OB (Occult Blood)		
Radiology			
✓	Chest X-Ray Examination		
✓	Ultrasound (Abdomen)		
✓	Ultrasound (Pelvis)		
✓	DXA Bone Density Study		
Cardiopulmonary			
✓	Stress Test (TMT)		
✓	PFT (Spirometry)		

AED 3,950

EXECUTIVE - FEMALE

Consultations	
✓	Consult with primary care physician
✓	Follow up visit
✓	Gynaecology Consultation
✓	Gynaecology Follow-up Consultation
✓	dietary consultation/ referral/ billed
Laboratory	
✓	CBC
✓	Ferritin
✓	Blood Urea
✓	Serum Creatinine
✓	Serum Electrolytes
✓	Uric Acid Serum
✓	Serum Calcium
✓	Blood Glucose Fasting
✓	HBA1C
✓	Lipid Panel
✓	Liver Function Test
✓	GGT
✓	Vitamin D
✓	Vitamin B12
✓	Thyroid Stimulation Hormone
✓	PAP SMEAR
✓	Urine Routine
✓	Urine Microalbumin
✓	Stool OB (Occult Blood)
Radiology	
✓	Chest X-Ray Examination
✓	Ultrasound (Abdomen)
✓	Ultrasound (Pelvis)
✓	USG Breast or Mammogram (Depends on Age)
✓	DXA Bone Density Study
Cardiopulmonary	
✓	Stress Test (TMT)
✓	PFT (SPIROMETRY)

AED 4,410

HEALTH CHECK-UP OFFERS - HEALTHBAY



Vital Health Checkup Package for Men and Women

AED **500**

WE OFFER 20% DISCOUNT FOR ADDITIONAL SPECIFIC SCREENINGS IF THEY ARE NOT COVERED BY THE INSURANCE

CONSULTATIONS

- Consultation with General Physician/Family Medicine
- Follow up consultation

LABORATORY INVESTIGATIONS

- Lipid Panel (HDL, LDL, Total Cholesterol, Triglycerides)
- Full Blood Count
- Urine Analysis
- Fasting Blood sugar
- Metabolic Profile
- Serum Albumin
- ALT, AST
- Creatinine
- Gamma-Glutamyl Transferase (GGT)

ROUTINE INVESTIGATIONS

BMI/BMR, vital signs (blood pressure, pulse, body temperature, weight and height)

SPECIALIZED INVESTIGATIONS

ECG

REPORTING

Final report containing medical report, test results and copies of any scans undertaken

Exclusive for
nextcare

Book your appointment today, contact:

☎ +971509139552 Toll Free 800 4272 ✉ medicalcheckup@healthbayclinic.com
Address: Healthbay Polyclinic - Verve Villas #1-6, Umm Suqeim 3, Al Wasl Road, Dubai



Basic Health Checkup Package for Men and Women

AED **1,000**

WE OFFER 20% DISCOUNT FOR ADDITIONAL SPECIFIC SCREENINGS IF THEY ARE NOT COVERED BY THE INSURANCE

CONSULTATIONS

- General Physician/Family Medicine
- Follow up consultation
- Consultation with Dietician

LABORATORY INVESTIGATIONS

- Lipid Panel (HDL, LDL, Total Cholesterol, Triglycerides)
- Full Blood Count
- Urine Analysis
- Fasting Blood sugar
- Thyroid Profile Test (T3, T4, TSH)
- Metabolic Profile
- Serum Albumin
- ALT, AST
- Creatinine
- Gamma-Glutamyl Transferase (GGT)

ROUTINE INVESTIGATIONS

BMI/BMR, vital signs (blood pressure, pulse, body temperature, weight and height)

SPECIALIZED INVESTIGATIONS

ECG

REPORTING

Final report containing medical report, test results and copies of any scans undertaken

Exclusive for
nextcare

Book your appointment today, contact:

☎ +971509139552 Toll Free 800 4272 ✉ medicalcheckup@healthbayclinic.com
Address: Healthbay Polyclinic - Verve Villas #1-6, Umm Suqeim 3, Al Wasl Road, Dubai



Standard Health Checkup Package for Men and Women

AED **1,500**

WE OFFER 20% DISCOUNT FOR ADDITIONAL SPECIFIC SCREENINGS IF THEY ARE NOT COVERED BY THE INSURANCE

CONSULTATIONS

- Consultation with Internist
- Complete history and examination
- Immunizations update
- Consultation with Dietician

LABORATORY INVESTIGATIONS

- Complete blood count and differential count
- Fasting blood sugar
- Fasting lipid profile
- Liver function test full panel
- Renal function test full panel
- Uric acid
- Occult blood in stool

- Prostate Specific Antigen (for men)
- Pap Smear (for women)

ROUTINE INVESTIGATIONS

BMI/BMR, vital signs (blood pressure, pulse, body temperature, weight and height)

SPECIALIZED INVESTIGATIONS

- ECG
- Spirometry
- Vision Test

Exclusive for
nextcare

Book your appointment today, contact:

☎ +971509139552 Toll Free 800 4272 ✉ medicalcheckup@healthbayclinic.com
Address: Healthbay Polyclinic - Verve Villas #1-6, Umm Suqeim 3, Al Wasl Road, Dubai

HEALTH CHECK-UP OFFERS - HEALTHBAY



HealthBay

Extended Health Checkup Package
for Men and Women

AED 2,000

WE OFFER 20% DISCOUNT FOR ADDITIONAL SPECIFIC SCREENINGS IF THEY ARE NOT COVERED BY THE INSURANCE

CONSULTATIONS

- Consultation with Internist
- Complete history and examination
- Immunizations update
- Consultation with Dietician

LABORATORY INVESTIGATIONS

- Complete blood count and differential count
- Fasting blood sugar
- Fasting lipid profile
- Liver function test full panel
- Renal function test full panel
- Uric acid
- Occult blood in stool
- Prostate Specific Antigen (for men)
- Pap Smear (for women)

• Vitamin D
• Thyroid profile

ROUTINE INVESTIGATIONS
BMI/BMR, vital signs (blood pressure, pulse, body temperature, weight and height)

SPECIALIZED INVESTIGATIONS

- ECG
- Vision Test
- KUB and prostate ultrasound (for men)
- Mammogram (for women)

Exclusive for
nextcare

Book your appointment today, contact:
☎ +971509139552 Toll Free 800 4272 ✉ medicalcheckup@healthbayclinic.com
Address: Healthbay Polyclinic - Verve Villas #1-6, Umm Suqeim 3, Al Wasl Road, Dubai



HealthBay

Joint and Bone Health Packages

Arthritis (Joint Pain) Screening Package

CONSULTATION
Consultation with Rheumatologist

LABORATORY TESTS

- Complete Blood Count
- CRP
- ESR
- Thyroid Stimulating Hormone (TSH)
- Creatinine
- Uric Acid
- Rheumatoid Factor (RF)
- CCP
- ANA
- Vitamin D

AED 695

Advanced Bone Health Package

CONSULTATION
Consultation with Rheumatologist

LABORATORY TESTS

- Complete Blood Count
- Creatinine
- Albumin
- Calcium
- Alkaline Phosphatase
- Vitamin D
- Thyroid Stimulating Hormone (TSH)
- Testosterone Total (for men only)
- FSH (for women only)
- LH (for women only)

IMAGING
3D QCT Bone Mineral Densitometry

AED 995

Book your appointment today, contact:
☎ Toll Free 800 4272 ✉ info@healthbayclinic.com www.healthbayclinic.com
Address: Healthbay Polyclinic - Verve Villas #1-6, Umm Suqeim 3, Al Wasl Road, Dubai

HEALTH CHECK-UP OFFERS - KING'S COLLEGE HOSPITAL



مستشفى كينجز كوليدج لندن
King's College Hospital London

King's College Hospital Dubai Hills
King's Marina Medical Centre
King's Jumeirah Medical Centre

Facebook: /kingcollegehospitallondon Instagram: /kingcollegehospitallondon

T: +971 4 247 7777
E: info@kch.ae
W: www.kch.ae



EXECUTIVE HEALTH CHECKUP FOR MEN [BELOW 40]

Laboratory investigations

- Lipid Panel [HDL, LDL, Total Cholesterol, Triglycerides]
- Full Blood Count
- Urine Analysis
- Vitamin D3
- Fasting Blood Sugar
- H6A1C
- Thyroid Profile Test [T3, T4, TSH]
- Complete Metabolic Profile - Inclusive of Liver Function

Tests & Kidney Function Tests

- A/G Ratio
- Albumin
- Alk phososphate
- ALT, AST, Bilirubin
- Glucose, Globulin, Protein
- Serum Calcium
- Total BUN & BUN: Creatinine Ratio
- Serum Co2
- Chloride
- Creatinine
- Potassium
- Sodium
- Gamma-Glutamyl Transferase (GGT)

Routine Investigations

- BMI/BMR
- Vital Signs - BP, Pulse, Body Temperature, Weight and Height

Specialised Investigations

- ECG
- Cardiac Stress Test under Cardiologist supervision
- Body Fat Analysis
- Q Risk - Cardiovascular Risk Assessment
- Spirometry (lung capacity)

Consultations

- General Physician/ Family Medicine
- Dietitian Consultation
- Follow Up Consultation

Additional Investigations (Choose from below)

Option 1:

- Vitamin B12
- Iron Studies (Serum Iron, TIBC, Ferritin, Transferrin)

Option 2

- Dental health consultation with polishing and scaling
- Dental Bitewing (bilateral)

Reporting

- Final report containing medical report, test results and copies of any scans undertaken
- Careem Pick up & Drop Of (on first visit)

AED 2,100



EXECUTIVE HEALTH CHECKUP FOR MEN [ABOVE 40]

Laboratory investigations

- Lipid Panel [HDL, LDL, Total Cholesterol, Triglycerides]
- Prostate Specific Antigen [PSA]
- Full Blood Count
- Urine Analysis
- Uric Acid
- Stool Occult Blood
- Vitamin D3
- Fasting Blood Sugar
- H6A1C
- Thyroid Profile Test [T3, T4, TSH]
- Complete Metabolic Profile - Inclusive of Liver Function

Tests & Kidney Function Tests

- A/G Ratio
- Albumin
- Alk phososphate
- ALT, AST, Bilirubin
- Glucose, Globulin, Protein
- Serum Calcium
- Total BUN & BUN: Creatinine Ratio
- Serum Co2
- Chloride
- Creatinine
- Potassium
- Sodium
- Gamma-Glutamyl Transferase (GGT)

Routine Investigations

- BMI/BMR
- Vital Signs - BP, Pulse, Body Temperature, Weight and Height

Specialised Investigations

- ECG
- Cardiac Stress Test under Cardiologist supervision
- Chest x-ray
- Ultrasound Abdomen/Pelvis
- U/S Screening for Abdominal Aortic Aneurysm
- Body Fat Analysis
- Q Risk - Cardiovascular Risk Assessment
- Spirometry (lung capacity)

Consultations

- General Physician/ Family Medicine
- Dietitian Consultation
- Follow Up Consultation

Additional Investigations (Choose from below)

Option 1:

- Vitamin B12
- Iron Studies (Serum Iron, TIBC, Ferritin, Transferrin)

Option 2

- Dental health consultation with polishing and scaling
- Dental Bitewing (bilateral)

Reporting

- Final report containing medical report, test results and copies of any scans undertaken
- Careem Pick up & Drop Of (on first visit)

AED 2,800



nextcare | Allianz Care

HEALTH CHECK-UP OFFERS - KING'S COLLEGE HOSPITAL



EXECUTIVE HEALTH CHECKUP FOR WOMEN [BELOW 40]

Laboratory investigations

- Lipid Panel [HDL, LDL, Total Cholesterol, Triglycerides]
- Full Blood Count
- Urine Analysis
- Pap Smear
- Vitamin D3
- Fasting Blood Sugar
- HbA1C
- Thyroid Profile Test [T3, T4, TSH]
- Complete Metabolic Profile - Inclusive of Liver Function

Tests & Kidney Function Tests

- A/G Ratio
- Albumin
- Alk phosphosphate
- ALT, AST, Bilirubin
- Glucose, Globulin, Protein
- Serum Calcium
- Total BUN & BUN: Creatinine Ratio
- Serum Co2
- Chloride
- Creatinine
- Potassium
- Sodium
- Gamma-Glutamyl Transferase (GGT)

Routine Investigations

- BMI/BMR
- Vital Signs - BP, Pulse, Body Temperature, Weight and Height

Specialised Investigations

- ECG
- Cardiac Stress Test under Cardiologist supervision
- Body Fat Analysis
- O Risk - Cardiovascular Risk Assessment
- Spirometry (lung capacity)

Consultations

- General Physician/ Family Medicine
- Dietitian Consultation
- Follow Up Consultation

Additional Investigations (Choose from below)

- Option 1:
- Vitamin B12
 - Iron Studies (Serum Iron, TIBC, Ferritin, Transferrin)
- Option 2:
- Dental health consultation with polishing and scaling
 - Dental Bitewing (bilateral)

Reporting

- Final report containing medical report, test results and copies of any scans undertaken
- Careem Pick up & Drop Of (on first visit)

AED 2,450



EXECUTIVE HEALTH CHECKUP FOR WOMEN [ABOVE 40]

Laboratory investigations

- Lipid Panel [HDL, LDL, Total Cholesterol, Triglycerides]
- Full Blood Count
- Urine Analysis
- Pap Smear
- Vitamin D3
- Fasting Blood Sugar
- HbA1C
- Thyroid Profile Test [T3, T4, TSH]
- Stool Occult Blood
- Uric Acid
- Complete Metabolic Profile - Inclusive of Liver Function

Tests & Kidney Function Tests

- A/G Ratio
- Albumin
- Alk phosphosphate
- ALT, AST, Bilirubin
- Glucose, Globulin, Protein
- Serum Calcium
- Total BUN & BUN: Creatinine Ratio
- Serum Co2
- Chloride
- Creatinine
- Potassium
- Sodium
- Gamma-Glutamyl Transferase (GGT)

Routine Investigations

- BMI/BMR
- Vital Signs- BP, Pulse, Body Temperature, Weight and Height

Specialised Investigations

- Mammogram (Under 80 years)
- ECG
- Cardiac Stress Test under Cardiologist supervision
- Chest x-ray
- Cancer Marker [CA 125] - Ovarian Cancer
- Body Fat Analysis
- U/S Screening for Abdominal Aortic Aneurysm
- Ultrasound Abdomen/Pelvis
- O Risk - Cardiovascular Risk Assessment
- Spirometry (lung capacity)

Consultations

- General Physician/ Family Medicine
- Dietitian Consultation
- Follow Up Consultation

Additional Investigations (Choose from below)

- Option 1:
- Vitamin B12
 - Iron Studies (Serum Iron, TIBC, Ferritin, Transferrin)
- Option 2:
- Dental health consultation with polishing and scaling
 - Dental Bitewing (bilateral)

Reporting

- Final report containing medical report, test results and copies of any scans undertaken
- Careem Pick up & Drop Of (on first visit)

AED 3,150



VITAL HEALTH CHECKUP FOR MEN & WOMEN

Laboratory investigations

- Lipid Panel [HDL, LDL, Total Cholesterol, Triglycerides]
- Full Blood Count
- Pap Smear
- Urine Analysis
- Vitamin D3
- HbA1C
- Thyroid Profile Test [T3, T4, TSH]
- Metabolic Profile
 - Serum Albumin
 - ALT, AST
 - Creatinine
 - Gamma-Glutamyl Transferase (GGT)

Routine Investigations

- BMI/BMR
- Vital Signs – BP, Pulse, Body Temperature, Weight and Height

Specialised Investigations

- Vision test
- ECG
- Body Fat Analysis
- Q Risk - Cardiovascular Risk Assessment
- Spirometry (lung capacity)

Consultations

- General Physician/ Family Medicine
- Follow Up Consultation

Additional Investigations (Choose from below)

- Option 1:
- Vitamin B12
 - Iron Studies (Serum Iron, TIBC, Ferritin, Transferrin)
- Option 2:
- Dental health consultation
 - Dental Bitewing (bilateral)

Reporting

- Final report containing medical report, test results and copies of any scans undertaken

AED 1,120

HEALTH CHECK-UP OFFERS – NEURO SPINAL HOSPITAL



Say goodbye to joint pain and hello to a new, active lifestyle!

Osteoporosis Screening: 425 AED

- ✓ DEXA
- ✓ VID D (25-Hydroxy Vitamin D)
- ✓ Calcium Serum
- ✓ CBC
- ✓ Consultation-Ortho

Back & Joint Pain Screening: 170 AED

- ✓ CBC
- ✓ ESR
- ✓ Rheumatoid Factor
- ✓ Uric Acid Level
- ✓ Consultation - Ortho



800
674
NSH

Dubai Science Park, Al Barsha South, Umm Suqeim Street, Dubai, UAE | Validity until December 2023



The best protection is early detection

Cancer Screening Package :

Lung Cancer screening: 640 AED

- ✓ Low -dose computed tomography (also called a low-dose CT scan).
- ✓ Consultation

Screening is recommended only for adults who have no symptoms but are at high risk. Have a 20 pack year or more smoking history, and Smoke now or have quit within the past 15 years, and are between 50 and 80 years old.

Fecal occult blood test + Consultation: 130 AED

For colorectal cancer

The test requires collection of 3 stool samples that are examined under the microscope for blood, Testing is recommended starting at age 50 by many organizations including the American Cancer Society.

Prostate specific antigen (PSA) + Consultation: 130 AED

This blood test measures the prostate specific antigen (PSA) levels in the blood. The prostate specific antigen levels can be elevated in the presence of prostate cancer. However, it is important to understand that other benign prostate conditions may also elevate PSA, such as benign which is noncancerous swelling of the prostate.

Mammography + Consultation : 425 AED



800
674
NSH

Dubai Science Park, Al Barsha South, Umm Suqeim Street, Dubai, UAE | Validity until December 2023

HEALTH CHECK-UP OFFERS - NMC



HEALTH CHECK-UP PACKAGES	Standard	Executive	Super Executive	Comprehensive
<ul style="list-style-type: none"> Physical Examination by doctor ENT Consultation Visual Acuity and Colour Vision 	✓	✓	✓	✓✓
Laboratory Tests				
<ul style="list-style-type: none"> Complete Blood Count (CBC) Erythrocyte Sedimentation Rate (ESR) Blood Group Fasting Blood Sugar (FBS) Post Prandial Blood Sugar (PPBS) HbA1C Routine Urine Stool Routine Occult Blood in Stool Thyroid Stimulating Hormone (TSH) 	✓✓	✓✓	✓✓	✓✓
Lipid Profile				
<ul style="list-style-type: none"> Cholesterol, HDL, LDL, and Triglyceride Cholesterol / HDL Ratio Serum Cholesterol 	✓	✓	✓	✓
Liver Function				
<ul style="list-style-type: none"> Bilirubin, Total Albumin, Globulin SGOT (AST) and SGPT (ALT) Alkaline Phosphatase (ALP) Gamma GT (GGT) Albumin / Globulin Ratio S-Protein Hepatitis B Surface Antigen Hepatitis C Card Test 		✓✓	✓✓	✓✓
Kidney Function				
<ul style="list-style-type: none"> Serum Creatinine Serum Uric Acid 	✓	✓✓	✓✓	✓✓
Radiology Tests				
<ul style="list-style-type: none"> Chest X-Ray Total Abdominal Ultrasound Scan 	✓	✓	✓	✓✓
Cardiac Tests				
<ul style="list-style-type: none"> Electrocardiogram (ECG) Treadmill Test Echocardiogram 	✓	✓	✓✓	✓✓
Screening Test				
<ul style="list-style-type: none"> Pulmonary Function Test (PFT) Audiometry Prostate Specific Antigen (PSA) for Men (above 50 yrs) PAP Smear for Women Mammogram for Ladies (above 40 yrs) 	✓	✓	✓	✓✓
Package Price (inclusive of all tests and physical examination by doctor)	AED 560	AED 1050	AED 1750	AED 2800

FOR APPOINTMENT

ABU DHABI

NMC Specialty Hospital
Tel: 02 617 9720

NMC Day Surgery Centre, MBZ City
Tel: 02 691 1500

DUBAI

NMC Specialty Hospital, Al Nahda
Tel: 04 267 6443

NMC Hospital, Deira
Tel: 04 233 9966

NMC Hospital, Dubai Investments Park
Tel: 04 810 8775

AL AIN

NMC Specialty Hospital
Tel: 03 755 5599

New Medical Centre, Al Wadi
Tel: 03 704 4700

SHARJAH

New Medical Centre
Tel: 06 575 8000

HEALTH CHECK-UP OFFERS - PRIME MEDICAL CENTERS

WHEN WAS YOUR LAST HEALTH SCREEN?

SPECIAL DISCOUNTED HEALTH CHECK-UP PACKAGE FOR **nextcare** MEMBERS



PACKAGE 1

MALE FEMALE

- | | |
|---|--|
| <ul style="list-style-type: none"> ✓ GP Consultation ✓ ECG ✓ US complete abdomen ✓ CBC ✓ Glucose- Fasting ✓ Lipid profile with calculated LDL ✓ Vitamin D ✓ Urinalysis ✓ TSH ✓ Stool analysis ✓ Occult blood -Stool ✓ Liver Function Test ✓ Urea nitrogen; blood ✓ Potassium blood ✓ Creatinine; blood ✓ PSA; total | <ul style="list-style-type: none"> ✓ Specialist Consultation ✓ ECG ✓ US complete abdomen (Abdominal & Pelvic) ✓ CBC ✓ Glucose- Fasting ✓ Lipid profile with calculated LDL ✓ Vitamin D ✓ Urinalysis ✓ TSH ✓ Stool analysis ✓ Occult blood -Stool ✓ Liver Function Test ✓ Urea nitrogen; blood ✓ Potassium blood ✓ Creatinine; blood ✓ Pap Smear ✓ Culture & Sensitivity; Genital Swab |
|---|--|

AED 1500
RECOMMENDED FOR BELOW 40 YEARS.

AED 1600
RECOMMENDED FOR BELOW 40 YEARS.

PACKAGE 2

MALE FEMALE

- | | |
|--|--|
| <ul style="list-style-type: none"> ✓ Specialist Consultation ✓ ECG ✓ US complete abdomen ✓ Treadmill Test ✓ Chest x-ray ✓ CBC ✓ Glucose- Fasting ✓ Lipid profile with calculated LDL ✓ Vitamin D ✓ Urinalysis ✓ TSH ✓ Stool analysis ✓ Occult blood -Stool ✓ Liver Function Test ✓ Urea nitrogen; blood ✓ Potassium blood ✓ Creatinine; blood ✓ Uric acid; blood ✓ PSA; total | <ul style="list-style-type: none"> ✓ Specialist - Consultation ✓ ECG ✓ US complete abdomen ✓ Treadmill Test ✓ Chest x-ray ✓ CBC ✓ Glucose- Fasting ✓ Lipid profile with calculated LDL ✓ Vitamin D ✓ Urinalysis ✓ TSH ✓ Stool analysis ✓ Occult blood -Stool ✓ Liver Function Test ✓ Urea nitrogen; blood ✓ Potassium blood ✓ Creatinine; blood ✓ Uric acid; blood |
|--|--|

AED 1800
RECOMMENDED FOR ABOVE 40 YEARS.



SCAN TO BOOK AN APPOINTMENT

04 7070 999

www.primehealth.ae

Services can be availed at all Prime Medical Centers

HEALTH CHECK-UP OFFERS - RIGHT HEALTH



Package Includes

- Physical Examination by a Physician
- Complete blood count (Hb, RBC, WBC & Platelets)
- Kidney Function Test
- Blood Sugar Fasting
- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- Blood Grouping and Rh Typing
- Resting ECG

UAE's **LARGEST & FASTEST**
GROWING HEALTHCARE CHAIN

www.righthhealth.ae

HEALTH CHECK-UP OFFERS - UNICARE MEDICAL CENTRE



uniCare
MEDICAL CENTRE

For inquiries:
Burjuman Br: Dr. Shubha 056 6043267
Jasinta 050 5650869
Mankhool Br: Humera 055 5797170

OFFER VALID: 2024

Executive Plus- Health Check up -Men (above 40)	AED 3263
Executive Plus- Health Check up -Women (above 40)	AED 3819
Executive Health Check up -Men (above 40)	AED 2606
Executive Health Check up -Women (above 40)	AED 2480
Annual Health Check up -Men	AED 1221
Annual Health Check up -Women	AED 1055
Health Screen - Men	AED 750
Health Screen - Women	AED 750
Essential Health check	AED 825
Food Panel Test	AED 950
Respiratory Test	AED 370
Gynae Check up	AED 750

HEALTH CHECK-UP OFFERS - VALIANT CLINIC & HOSPITAL



Valiant Clinic & Hospital is a premium, multi-specialty clinic, offering world-class diagnostic and wellness services. We deliver a superior patient experience through integrity, compassion, accountability, respect, excellence and a patient-centric environment, in state-of-the-art facilities.

Our health check-up packages are designed to provide an evidence-based, concierge-style experience. We look forward to welcoming you to Valiant Clinic & Hospital and providing Health Check-Ups

Should you require any additional information, please feel free to contact

Felicia Simento

Home Care & Patient Services Specialist

Tel: 800 8254268

Email: Felicia.simento@valiant.ae

Address: City Walk, 13th Street, POBOX 414296, Dubai, UAE



BASIC HEALTH CHECK-UP

AED 500

The Basic Health Check-up provides necessary and basic tests to assess your overall physical health. It is focused on early detection of many common and life threatening medical conditions.

PHYSICIAN CONSULTATION

- Full medical history and physical examination
- Waist and neck circumference

LABORATORY TESTS

- Complete Blood Count (assessment for anemia)
- Fasting Glucose (assessment for diabetes risk or status)
- Creatinine (assessment of kidney)
- ALT, AST, GGT (assessment of liver)
- Lipid Panel (assessment of cardiovascular risk)
- Urinalysis
- Stool for Occult Blood (screening for bowel cancer)

OTHER DIAGNOSTIC TESTS

- ECG (assessment of heart rhythm, prior heart injury)

HEALTH CHECK-UP OFFERS - VALIANT CLINIC & HOSPITAL

ESSENTIAL HEALTH CHECK-UP FOR MEN

The Essential Health Check-Up focuses on preventive care. It is designed to provide an evidence-based, concierge-style experience.

AED 1000

PHYSICIAN CONSULTATION

- Full medical history
- Physical examination
- Waist & neck circumference
- Optometric counseling (30 minutes)

LABORATORY TESTS

- Complete Blood Count (assessment for anemia)
- Fasting Glucose and HbA1c (diabetes risk assessment or status)
- Thyroid Stimulating Hormone (screening for thyroid disease)
- Lipid panel (cardiovascular risk assessment)
- Vitamin D
- Prostate Specific Antigen (prostate cancer risk assessment)
- Urinalysis
- Stool for Occult Blood (screening for bowel cancer)

OTHER DIAGNOSTIC TESTS

- Chest Xray
- ECG (assessment of heart rhythm and underlying cardiac problems)
- Spirometry (assessment of lung function)

ESSENTIAL HEALTH CHECK-UP FOR WOMEN

The Essential Health Check-Up focuses on preventive care. It is designed to provide an evidence-based, concierge-style experience.

AED 1000

PHYSICIAN CONSULTATION

- Full medical history
- Physical examination
- Waist & neck circumference
- Pelvic examination and PAP smear (if indicated)
- Optometric counseling (30 minutes)

LABORATORY TESTS

- Complete Blood Count (assessment for anemia)
- Fasting Glucose and HbA1c (diabetes risk assessment or status)
- Thyroid Stimulating Hormone (screening for thyroid disease)
- Lipid panel (cardiovascular risk assessment)
- Vitamin D
- Urinalysis
- Stool for Occult Blood (screening for bowel cancer)

OTHER DIAGNOSTIC TESTS

- Chest Xray
- ECG (assessment of heart rhythm and underlying cardiac problems)
- Spirometry (assessment of lung function)

ESSENTIAL HEALTH CHECK-UP PLUS FOR MEN

The Essential Health Check-Up focuses on preventive care. It is designed to provide an evidence-based, concierge-style experience.

AED 1500

PHYSICIAN CONSULTATION

- Full medical history
- Physical examination
- BMI (Body Mass Index)
- Waist & neck circumference
- Optometric Counseling (30 min)

LABORATORY TESTS

- Complete Blood Count and Ferritin (assessment for anemia and iron deficiency)
- Fasting Glucose and HbA1c (diabetes risk assessment or status)
- Basic Metabolic Panel and ALT,AST,GGT (assessment of kidney, liver and calcium)
- Thyroid Stimulating Hormone (screening for thyroid disease)
- Lipid panel (cardiovascular risk assessment)
- Vitamin D
- Prostate Specific Antigen (prostate cancer risk assessment)
- Urinalysis
- Uric Acid Test
- Stool for Occult Blood (screening for bowel cancer)

OTHER DIAGNOSTIC TESTS

- Chest Xray
- ECG (assessment of heart rhythm and underlying cardiac problems)
- Spirometry (assessment of lung function)

ESSENTIAL HEALTH CHECK-UP PLUS FOR WOMEN

The Essential Health Check-Up focuses on preventive care. It is designed to provide an evidence-based, concierge-style experience.

AED 1500

PHYSICIAN CONSULTATION

- Full medical history
- Physical examination
- BMI (Body Mass Index)
- Waist & neck circumference
- Pelvic examination and PAP smear (if indicated)
- Optometric Counseling (30 min)

LABORATORY TESTS

- Complete Blood Count and Ferritin (assessment for anemia and iron deficiency)
- Fasting Glucose and HbA1c (diabetes risk assessment or status)
- Basic Metabolic Panel and ALT,AST,GGT (assessment of kidney, liver and calcium)
- Thyroid Stimulating Hormone (screening for thyroid disease)
- Lipid panel (cardiovascular risk assessment)
- Vitamin D
- Urinalysis
- Uric Acid Test
- Stool for Occult Blood (screening for bowel cancer)

OTHER DIAGNOSTIC TESTS

- Chest Xray
- Breast Mammogram
- ECG (assessment of heart rhythm and underlying cardiac problems)
- Spirometry (assessment of lung function)



A company of **Manz Partners**

02

FLU VACCINE OFFERS

FLU VACCINE OFFER

*** Flu vaccines charges will vary according to the brand of the vaccine available at the time of service

Aster CLINIC
We'll Treat You Well

**FLU-PROOF YOUR HEALTH
VACCINATE TODAY**

ADULT AED 59 | **PAEDIATRIC AED 75** Children 12 Yr and below including consultation

BENEFITS:

- Protects you from flu
- Reduces the risk of flu-associated hospitalization & severity of illness in adults & children
- It is an important preventive measure for people with chronic health conditions
- Helps protect women during & after pregnancy

To Book an Appointment Call 044 400 500

Allianz Care nextcare

uniCare MEDICAL CENTRE

**FLU SEASON IS COMING
ARM YOURSELF TODAY!**

For Children ~~100 AED~~ **60 AED** Per Dose

For Adults ~~80 AED~~ **45 AED** Per Dose

A yearly flu vaccine is the first and most important step in protecting against flu viruses. Everyone 6 months and older should get an annual flu vaccine.

Protect Yourself. Protect Your Family. Get Vaccinated.

Home Services Available

For appointments:
Ms. Mahima: 058 9956968
Mr. Francis: 050 2408494

Allianz Care nextcare

Scan QR Code

***Terms and conditions apply**

Allianz nextcare

FLU SEASON IS NEAR
Boost your immunity, Protect the community

TRIVALENT FLU VACCINE AED 39

TETRAVALENT FLU VACCINE AED 49

PAEDIATRIC FLU * VACCINE AED 60

@HOME SERVICE AED 100 PLUS VACCINE PRICE

AVAILABLE IN DUBAI ONLY

* Paediatric vaccination will be under Specialist Doctor's supervision only @ LIFE Medical Centres

LIFE GP CLINICS

Dubai Marina | Jumeirah Lake Towers | Al Barsha South | Sheikh Zayed Road | Oasis Mall | Jumeirah 1 Al Satwa | Al Karama | Dubai World Trade Centre | Sobha Hartland | Al Meydan | Burdubai | Al Muraqqabat | Al Jaddaf | Al Ousais | Al Warqa | International City

LIFE MEDICAL CENTRES

Dubai Silicon Oasis | Discovery Gardens | Al Ousais | Al Warqa | International City Phase - 2

Note:
Offer valid on all GP Clinics and Medical Centres except JVC and IKIGAI

SCAN FOR LIFE GP CLINICS & MEDICAL CENTRE LOCATIONS

Visit your nearest Life GP Clinics | Medical Centres

Helpline 04-3441122

© Copyright Nextcare

Disclaimer: Under no circumstances whatsoever shall Nextcare, as a Third Party Administrator be deemed to assume any responsibility for any loss or damages resulting from the medical treatment and services rendered. Nextcare does not directly or indirectly endorse any product or service provided or to be provided by the network providers.

Note: Offers subject to change without prior notice Offer Valid while supply lasts

03

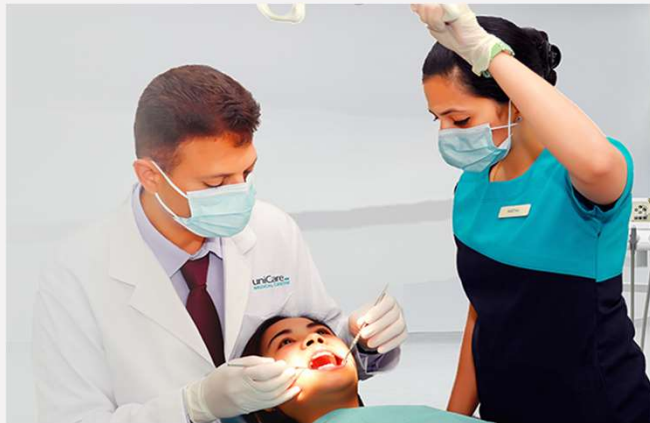
DENTAL OFFERS

A company of Allianz  Partners



DENTAL OFFERS

uniCare
MEDICAL CENTRE



30% Discount on non covered services

For inquiries:

Burjuman Br: Dr. Shubha 056 6043267

Jasinta 050 5650869

Mankhool Br: Humera 055 5797170

OFFER VALID: 2024

GMC Clinics
Caring About Health



**HAVE THE PERFECT
DENTAL CARE**



Dr. Benjamin Samuel.

- Scaling & Polishing @ AED 150
- FREE Consultation with Dr. Benjamin Samuel.

GMC Clinics Trade Center Apartments - 04 331 3544

GMC Clinics TECOM - 04 567 6888

Exeter Medical Center

DENTAL OFFERS



RIGHT HEALTH
Clinics | Pharmacies | Diagnostics

50% Discount on Dental Benefit Services

FREE DENTAL CHECK UP

For Next Care Insurance Members

*Dental discount excludes any discount on consumables

CALL OUR TOLL FREE NUMBER
800 7400

Right Health Karama Branch
2nd Floor Arif & Bintok Building. At back of Karama Fish Market. Al Karama, Dubai UAE

Right Health Burjuman Branch
Al Yateem Bldg, Burjuman Metro Exit Number 2 Behind Bonanza Hypermarket. Next to Govinda



المستشفى المركزي CENTRAL HOSPITAL
صحتك هي أولويتنا حيث تأتي العناية بالجودة أولاً
WHERE QUALITY CARE COMES FIRST YOUR HEALTH IS OUR PRIORITY

40% OFF Dental Services

*terms and conditions applied

Telephone: + 9716 563 9900 | WhatsApp: + 97150 250 9831
Email id : customercare@centralhospitalsharjah.com
marketing@centralhospitalsharjah.com
Website: www.centralhospitalsharjah.com

04

OPTICAL OFFERS



OPTICAL OFFERS



الجابر للنظارات
Al Jaber Optical

*** Up to 25% Discount on sunglasses & optical frames, Excluding (Cartier + Chanel + Maui Jim + Lindberg + Ray Ban) brands**

*** Up to 25% Discount on ophthalmic lenses**

*** Up to 10% Discount on contact lenses & contact lenses care solutions**

*** 45% Discount on selected brands (CK - Calvin Klein - DKNY - Lacoste - NOOR - Madeinitalia - Cerruti - Converse - Zania - Clicktec)**



see better feel better

services

- Eye testing
- Ophthalmic Frames and sunglasses
- Ophthalmic Lenses
- Contact lenses
- RTA Eye testing Centre for Driving License
- We accept Insurance for Direct Billing
- spotii Spotti for installment payments

SPECIAL OFFER

40% on frames and 30% on lenses
(Terms and Conditions apply)

Basic Packages (Normal Frames and Lens) are as follows:

- Single vision Lens & Frame starting from AED 250
- Bifocal Lens and Frame starting from AED 350
- Progressive lens and Frame starting from AED 375

Branches
The Mall Jumeirah | Reef mall Deira | City Centre. Al Shandagha, Al Ghubaiba Al Baraha | City Life Al Tallah Mall, Ajman | City Centre Sharjah opening soon!

Contact
Tel: + 971 4 2342329 | WhatsApp +971 56 497 7104
Email: info@serahopticals.com
www.serahopticals.com

05

OTHER OFFERS



OTHER OFFERS



CLOVER
MEDICAL CENTRE
DENTAL & HOMEOPATHY
TECOM | BUR DUBAI | AL NAHDA 2
0 5 4 7 7 0 9 8 8 8



50% OFF

HOMEOPATHY CONSULTATION

Contact : clovermedicalcentre@gmail.com

Location: Tecom-Barsha heights

Contact Number: 055 1209888 / 054 7709888



German
Neuroscience
Center

Book appointment: +971 (0)4 4298 578

SPECIAL DISCOUNT FOR NEXTCARE MEMBERS

Psychology AED 632 for one session (50-60 min.)
Psychiatry AED 792 for one session (50-60 min.)



(terms and conditions applied)

© Copyright Nextcare

Disclaimer: Under no circumstances whatsoever shall Nextcare, as a Third Party Administrator be deemed to assume any responsibility for any loss or damages resulting from the medical treatment and services rendered. Nextcare does not directly or indirectly endorse any product or service provided or to be provided by the network providers.

Note: Offers subject to change without prior notice
Offer Valid – 2024

OTHER OFFERS

STRESS TO BLISS PROGRAM

Corporate Yoga Session

Program includes:

- Talk on stress management - causes and prevention
- Laughter yoga and relaxation techniques
- Talk on heart healthy food from a clinical dietician

For appointment contact:
Mr. Lokesh Hedge
050 8207847





05

REGIONAL

OFFERS

- BAHRAIN
- KUWAIT

PROVIDER OFFERS - BAHRAIN

Providers	Offers	Remarks	Contact details	Offer valid until
OPTICA W. L. L Road 3606 , Osama Bin Zaid Ave, 327 Adliya, Manama, Bahrain	Optical Frames/Sunglasses discount Prescription Lenses discount Contact Lenses discount	10-30% discount 25% discount 25% discount	Offered to all Nextcare members Mr. Resaldo Tel: 00973-17516836	2024
EHSAN OPTICS Juffair Oasis Mall, Shop Number 134, Ground Floor Near Carrefour Building 180, Road 41, Juffair, 341 Juffair, 341	Optical Frames/Sunglasses discount Prescription Lenses discount Contact Lenses discount	15-30% discount 25-30% discount 10% discount	Offered to all Nextcare members Mr. Humssa Mohd Tel: 00973-17811848	2024
CLEAR VISION OPTICAL SHOP NO: 2040,BUILDING:2758, ROAD : 4650, BLOCK 346, CITY CENTER; BAHARAIN	Optical Frames/Sunglasses discount Prescription Lenses discount Contact Lenses discount	30-40% discount 20% discount 10% discount	Offered to all Nextcare members Mr. Krishna Prasad Mr. Satish P.K Tel: 00973-17552170	2024
AMMAR OPTICIAN BLDG:1315,ROAD:5043,BLOCK: 450 – BUDAIYA HIGHWAY, AI MAQSHA	Optical Frames/Sunglasses discount Prescription Lenses discount Clear Contact Lenses discount Color Contact Lenses discount Eye Test – Free every 6months	40% discount 30% discount 5% discount 10% discount Free every 6 mos	Offered to all Nextcare members Ms. Amal / Mr. Ammar 00973-17593001	2024
RATHOD OPTICIANS W.L.L. BUILDING:207, ROAD : 83, BLOCK 907, EAST RIFFA; BAHARAIN	Optical Frames discount Prescription Lenses discount	10-27% discount 10-27% discount	Offered to all Nextcare members Mr. Rathod. 00973-39841271	2024

PROVIDER OFFERS - BAHRAIN

Providers	Offers	Remarks	Contact details	Offer valid until	
MERAL MEDICAL CENTER W.L.L.- BAHRAIN Flat. 11, Building 2312, Block 228, Road 2834, Al Sayh, Muharraq – Bahrain	Discount on all services	20% discount	Offered to all Nextcare members	Ms. Safa Saif / Ms. Nancy Mohd. 00973-17404041	2024
ALREAYA MEDICAL GATE CENTER W.L.L Flat 12, Building 1168, Road 2831, Block 328, Manama, Bahrain	Discount on all services	10-30% discount	Offered to all Nextcare members	Mr. Mohamed Aljamri Mr. Fadeel Mohd. 00973-17001688	2024
BAHRAIN HEALTH CITY W.L.L.- BAHRAIN Flat 1, Building 613, Road 2808, Block 428, Seef, Bahrain	Discount on all services	20% discount	Offered to all Nextcare members	Mr. Abdulla Al Ajaimi 00973-17144441	2024
BRITE SMILE DENTAL CENTER_BHR Flat 14, Building 770, Road 1115, Block 711, Area Tubli, Kingdom Of Bahrain.	Discount on all services	25% discount	Offered to all Nextcare members	Dr. Husain Mohd. / Ms. Alya Ali 00973-77070030	2024

PROVIDER OFFERS - BAHRAIN

Providers	Offers	Remarks	Contact details	Offer valid until	
NOVA DENTAL CENTER-BAHRAIN Shop 14, Building 324, Road 2805, Block 428, Seef.	Discount on all services	20-30% discount	Offered to all Nextcare members	Mr. Ahmed Jooromi 00973-77111116	2024
AL JUFAIRY DENTAL CLINIC Flat 63, Mashtan Residences, Building 2415, Road 2831, Seef Area	Discount on all services	20-33% discount	Offered to all Nextcare members	Ms. Layla / Mr. Abbas 00973-17273700	2024
LAMAR DENTAL CENTER W.L.L Block 225, Road 2502, Bldg 78, Flat 21, Muharraq, Busaiteen, Kingdom of Bahrain	Discount on all services	25% discount	Offered to all Nextcare members	Mr. Saleh & Ms. Sara 00973-17333080	2024

PROVIDER OFFERS - BAHRAIN




Awali Hospital
Energising your health

MEDICAL HEALTH CHECK UP
BHD 240.00

EXECUTIVE Men's checkup
Vision test: all + IOP
Hba1c test
CBC (full blood count & differential) test
Lipid, lft, rft, fbs, calcium, uric acid
Ultrasound breast
Amylase, CK test
Mammography bilateral
BMD test
PSA testosterone test
Ultrasound prostate
Urine (dipstick) test
Stool (occult blood) test
Vitamin b12 and vitamin 25 (d) test
Thyroid stimulation hormone test
Audiometry test
ECG routine test
Normal doctor – consultation

EXECUTIVE Women's checkup
Vision test: all + IOP
Hba1c test
CBC (full blood count & differential) test
Lipid, lft, rft, fbs, calcium, uric acid
Ultrasound breast
Amylase, CK test
Mammography bilateral
Bmd test
Fsh test
Lh (luteinising hormone) test
Obstetric/TVS
Urine (dipstick) test
Stool (occult blood) test
Vitamin b12 and vitamin 25 (d) test
Thyroid stimulation hormone test
Thin prep: cervical pap smear 7 pap
Audiometry test
ECG routine test
Normal doctor - consultation

+00973 17753591
@SAYEDA_ALIA@BAPCO.NET

MIDDLE EAST
HOSPITAL & MEDICAL CENTERS

Health Check-up Packages - 1 BHD 25

- Diabetic Profile Test
- Liver Profile Test
- Sodium Test
- Lipid Profile Test
- Iron Deficiency Test
- Vitamin D Test
- Blood Sugar Test
- Renal Profile Test
- Urine micro albumin Test
- Thyroid function test
- Chloride (Cl) Test
- Complete hemogram - CBC Test


Health Check-up Packages - 2 BHD 7.5

- Vitamin D Test
- CBC Test

Health Check-up Packages - 3 BHD 12

- Physical examination by physician
- Complete Blood Count
- Kidney Function Test;
- Sugar Fasting
- Blood Sugar PP
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- Blood Grouping & RH Typing
- Resting ECG

Ms Maribeth
ins.incharge@mehospital.com
00973-17362233
00973-33585911



Aster
CLINIC
We'll Treat You Well

Health Check-up Packages
WOMEN BELOW 40 YRS BHD 158.16

- CONSULTATION WITH GYNECOLOGIST
- ABDOMINAL ULTRASOUND
- ECG
- PELVIC ULTRASOUND
- VISION TEST
- CBC
- FBS
- ESR
- LIPID PROFILE
- URINE ANALYSIS
- PAP SMEAR
- HIGH VAGINAL SWAB (CULTURE)
- RENAL FUNCTION TEST
- AST
- ALT
- VITAMIN D3
- VITAMIN B12

Health Check-up Packages
WOMEN ABOVE 40 YRS BHD 158.07

- CONSULTATION WITH GYNECOLOGIST
- ABDOMINAL ULTRASOUND
- ECG
- VISION TEST
- CBC
- FBS
- ESR
- LIPID PROFILE
- URINE ANALYSIS
- PAP SMEAR
- HIGH VAGINAL SWAB (CULTURE)
- RENAL FUNCTION TEST
- LIVER FUNCTION TEST
- TSH
- VITAMIN D3
- VITAMIN B12


Health Check-up Packages
MEN BELOW 40 YRS BHD 102.80

- CONSULTATION WITH GP
- ECG
- CHEST XRAY
- VISION TEST
- CBC
- FBS
- ESR
- LIPID PROFILE
- RENAL FUNCTION TEST
- URINE ANALYSIS
- AST
- ALT
- VITAMIN D3
- VITAMIN B12

Health Check-up Packages
MEN ABOVE 40 YRS BHD 157.93

- CONSULTATION WITH GP
- ECG
- CHEST XRAY PA
- ABDOMINAL ULTRASOUND
- VISION TEST
- CBC
- FBS
- ESR
- LIPID PROFILE
- RENAL FUNCTION TEST
- URINE ANALYSIS
- LIVER FUNCTION TEST
- GGT
- URIC ACID
- TSH
- PSA
- VITAMIN D3
- VITAMIN B12

Ms Goldie George
00973-17711811
insurance.amcb@asterclinics.com



Disclaimer: Under no circumstances whatsoever shall Nextcare, as a Third Party Administrator be deemed to assume any responsibility for any loss or damages resulting from the medical treatment and services rendered. Nextcare does not directly or indirectly endorse any product or service provided or to be provided by the network providers.

Note: Offers subject to change without prior notice
Offer Valid – 2024

PROVIDER OFFERS - BAHRAIN



مستشفى الأمل ذ.م.م.
AMAL HOSPITAL W.L.L.

EXECUTIVE CHECK UP PACKAGE – 50 BHD

- Liver profile
- Lipid profile
- Kidney profile
- Thyroid profile
- Diabetic profile
- Complete hemogram
- Urine Routine Analysis
- Chest X-Ray
- ECG
- Ultrasound Abdomen
- Dental Check up
- Specialist Consultation

EXECUTIVE ARTHRITIS PACKAGE – 29 BHD

- Uric acid
- Vitamin D
- RA factor
- ASO Titre
- SGOT
- SGPT
- CRP

BONE HEALTH PACKAGE – 49BHD

- Uric acid
- Vitamin D
- CBC
- ESRRR factor
- ASOTitre
- SGOT
- SGPT
- CRP
- Calcium
- Phosphorus
- Alkaline Phosphate
- TSH

MINI WELLNESS PACKAGE – 8 BHD

- Creatinine
- eGFR
- Fasting Sugar
- Total Cholesterol
- Triglycerides
- Uric Acid
- SGOT
- SGPT

Email : marketing@alamalhospital.me
Tel :- 00973-17602602 Extn: 616
Mob.- 00973-32019800



**مستشفى
البحرين
الريال**

**ROYAL
BAHRAIN
Hospital**

SILVER MEDICAL CHECK UP PACKAGE - BHD 25

- Complete Blood Count
- HBA1C
- Vitamin D
- Lipid Profile
- Liver Profile
- Renal Profile
- Thyroid Profile
- Consultation with Internal Medicine Specialist
- Consultation with Dietitian

PLATINUM MEDICAL CHECK UP PACKAGE - BHD 55

- Heart Profile
- Vitamin Profile
- Electrolyte Profile
- Diabetes Profile
- Liver Profile
- Arthritis Profile
- Pancreas Profile
- Routine (MACRO)
- Sediment (MICRO)
- Hormones Profile
- Complete Hemogram
- Kidney Profile
- Anemia Profile
- Consultation with Internal Medicine Specialist
- Consultation with Dietitian

CONTACT

Ms. Samyuktha Anbunathan - Samyuktha@royalbhrn.com
Guest Relation Team - GuestRelation@royalbhrn.com
Ms. Ujwala.M - Ujwala.M@royalbhrn.com
00973-17246800 Ext- 6895 / Mobile No.00973-33914617
00973-17246905 / Mobile No.00973-33914617
00973-17201159 / Mobile No.00973-39350550

PROVIDER OFFERS - BAHRAIN



medical.check-up@alkindihospital.com
00973-17240488

<p>Male Comprehensive Package 40 yrs. and above 116.00 BD</p>	<p>Male Comprehensive Package 18 to 39 yrs. 95.00 BD</p>	<p>Female Comprehensive Package 40 yrs. and above 210.00 BD</p>
<ul style="list-style-type: none"> • X-ray – Chest PA • BUN (Blood Urea Nitrogen) • Calcium – Serum • Complete Blood Count (CBC) • Creatinine – Serum • ECG • Eye Test/ Vision Test • Ferritin – Serum • Glucose – Fasting • Glycosylated Hemoglobin (HBA1C) • LFT (Liver Function Test) • Lipid Profile • Prostate-Specific Antigen (PSA) Free & Total • Physical Examination • Stool Routine • Stress ECG TMT • Thyroid Profile 1 (FT3, FT4, TSH) • U/S Abdomen and Pelvis • Uric Acid Serum • Urine Analysis • Vitamin D Total (25 – Hydroxyvitamin D) 	<ul style="list-style-type: none"> • X-ray – Chest PA • Complete Blood Count (CBC) • Creatinine – Serum • ECG • Ferritin – Serum • Glucose – Fasting • Glycosylated Hemoglobin (HBA1C) • LFT (Liver Function Test) • Lipid Profile • Physical Examination • Stress ECG TMT • Thyroid Profile 1 (FT3, FT4, TSH) • U/S Abdomen and Pelvis • Uric Acid Serum • Urine Analysis • Urea (Blood) • Vitamin D Total (25 – Hydroxyvitamin D) 	<ul style="list-style-type: none"> • X-ray – Chest PA • BUN (Blood Urea Nitrogen) • Calcium – Serum • Complete Blood Count (CBC) • Creatinine – Serum • ECG • Eye Test/ Vision Test • Ferritin – Serum • Glucose – Fasting • Glycosylated Hemoglobin (HBA1C) • LFT (Liver Function Test) • Lipid Profile • Physical Examination • Stool Routine • Stress ECG TMT • Thyroid Profile 1 (FT3, FT4, TSH) • U/S Abdomen and Pelvis • Uric Acid Serum • Urine Analysis • Vitamin D Total (25 – Hydroxyvitamin D) • Mammogram • Pap-Smear

PROVIDER OFFERS - KUWAIT



CONNECT WITH US
065218889



WHATSAPP NUMBER
+971581796699



Routine Health Check up – 35KD

- Doctor's consultation
- Complete Blood Count
- FBS
- Blood Urea
- Uric Acid
- Creatinine
- SGPT
- SGOT
- Lipid Profile
- Urine Analysis
- ECG
- Chest X-ray PA

Dental Consultation - 3 KD

Breast Cancer screening with gynecologist – 30 KD



PROVIDER OFFERS - KUWAIT



مستوصف النهيل الدولي
Al Nahil Int'l Clinic



+965 600 574 77, 2434 7090
7 AM to 11 PM



info@alnahilclinic.com

Jleeb Al Shuyoukh (Abbasiya), Police Station Road

Routine Health Check up – 35KD

- Doctor's consultation
- Complete Blood Count
- FBS
- Blood Urea
- Uric Acid
- Creatinine
- SGPT
- SGOT
- Lipid Profile
- Urine Analysis
- ECG
- Chest X-ray PA

Dental Consultation - 3 KD

Breast Cancer screening with gynec-30 KD



Contact: Ms. Lekshmi | 00965 94117886 | marketingshifa@gmail.com



We look forward
to providing you
with the best **care**